

HELPFUL Health Care Resources

There are countless email lists, organizations, and people who can help you stay informed on health care policy, politics, and developments in D.C. and across the country. Here's a selection of our favorites.

SUBSCRIBE TO THESE NEWSLETTERS AND FOLLOW THEIR REPORTERS

Axios Vitals

Daily newsletter focused on the politics and business of health care

Axios Reporters

- Sam Baker [@sam_baker](#)
- Bob Herman [@bobjherman](#)
- Caitlin Owens [@caitlinowens](#)

The Health 202

The Washington Post's daily guide to the health care policy debate in Washington

Washington Post Reporters

- Paige Winfield Cunningham [@pwcunningham](#)
- Amy Goldstein [@goldsteinamy](#)
- Colby Itkowitz [@colbyitkowitz](#)

VoxCare

Daily newsletter that wraps up the biggest health care policy news of the day

Vox Reporters

- Sarah Kliff [@sarahkliff](#)
- Dylan Scott [@dylanlscott](#)

POLITICO Pulse

Morning briefing that examines the latest in health care policy every weekday

POLITICO Reporters

- Dan Diamond [@ddiamond](#)
- Sarah Karlin-Smith [@sarahkarlin](#)
- Paul Demko [@pauldemko](#)

The Hill's Healthcare Politics & Policy

A daily digest of today's health care news and what's expected to break tomorrow

The Hill Reporters

- Peter Sullivan [@petersullivan4](#)
- Nathaniel Weixel [@nateweixel](#)
- Jessie Hellmann [@jessiehellmann](#)

Washington Examiner's Daily on Healthcare

Newsletter for health care policy professionals on what's driving this week

Washington Examiner Reporters

- Philip Klein [@philipaklein](#)
- Kim Leonard [@leonardkl](#)

BOOKMARK THESE RESOURCES

Kaiser Health News (KHN)

Nonprofit news service that reports in-depth coverage of the health care system and daily summaries of major health care news. **Bookmark:** www.khn.org

MyHealthPlan.Guide

Interactive guide from America's Health Insurance Plans and the National Consumers League that provides the tools needed to understand how health insurance works. **Bookmark:** www.myhealthplan.guide

Kaiser Family Foundation (KFF)

Nonprofit organization focused on national health issues, and a non-partisan source of facts, analysis and journalism. **Bookmark:** www.kff.org

Centers for Medicare & Medicaid Services (CMS)

Official government site providing information and resources on Medicare and Medicaid programs, including new proposed rules and regulations. **Bookmark:** www.cms.gov

AHIP (sorry, we couldn't resist!)

The voice of health insurance providers in partnership with other industry leaders, providing first-class education and information on the rapidly transforming health care system. **Bookmark:** www.ahip.org